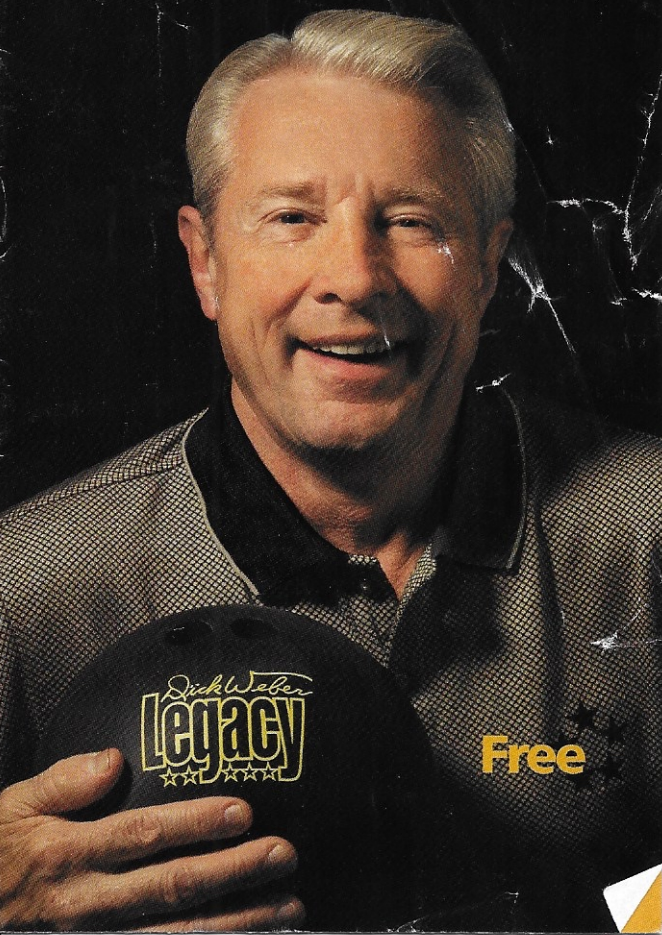


Dick Weber's Quick Tips for Better Bowling



Dick Weber
LEGACY
☆☆☆☆

Free

10 Tips to Better Bowling

(Please note: instructions are for right-handers, left-handers should transpose directions.)

1) Pick the right ball. The most common mistake bowlers make is using a ball that's either too heavy or too light. Pick the heaviest ball you can control for three or more games. Remember: throwing the ball hard isn't nearly as important as being accurate.

The many new advances in ball design and cover-stock materials can make a dramatic difference in how you bowl. Consult your local pro shop to help you find the ball that best suits your bowling style.



2) Use the grip that works best for you. The two most popular grips differ by how far your fingers fit into the ball.

Conventional - Recommended for beginning and recreational bowlers; this grip is the easiest to control.

Full-finger Tip - Recommended for experienced bowlers only; generates maximum power and hook but is hardest to control.

3) Master the four-step approach.

STANCE — Find starting position by taking 4 1/2 steps away from the foul line. Stand erect, keep left foot slightly forward and knees bent, support the ball with both hands.

FIRST STEP — The pushaway is the first and most important step. Push the ball forward and slightly down in one easy motion and start your right foot moving at the same time.

SECOND STEP — Once the ball is into the swing, keep



Let the world's greatest bowler help improve your game!

The Legacy Of Dick Weber

Listing all of Dick Weber's bowling achievements could easily fill up a booklet like this. When you're the only professional bowler in history to win championships in five consecutive

decades, that says something pretty special.

Drawing from his nearly 40 years in bowling, and with the help of his friends at AMF, Dick has prepared this quick guide to help improve your game. Spend a few minutes with it, you'll be surprised at what you can learn.

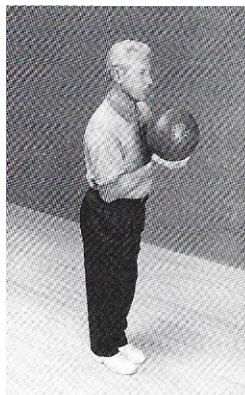
your arm close to your body and move your left foot forward. Your left arm swings away to a natural balancing position.

THIRD STEP — As you move into the third step, the ball reaches the height of the backswing, no higher than shoulder level.

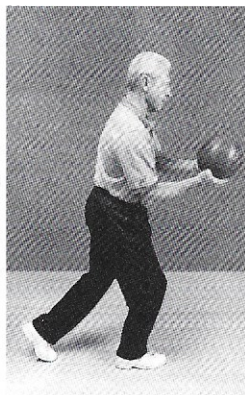
FOURTH STEP — As you slide with your left foot, your right arm comes forward in one simultaneous motion. Correct timing is obtained when your sliding foot and right arm reach the foul line at the same time.

RELEASE — The ball is released as it passes your left foot and your arm starts its upward arc. At the point of release your wrist should be straight with your fingers under and slightly right of the center of the ball. Your thumb will then come out of the ball automatically and your fingers will carry the ball across the foul line.

FOLLOW-THROUGH — Once the ball has been released your arm should follow through toward your target.



STANCE



FIRST STEP



SECOND

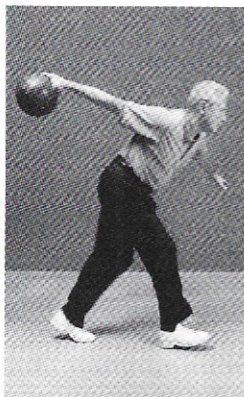
4) A straight arm swing is the key to accuracy. The pushaway should be toward your target, then let your arm swing back and forth like a pendulum. Keep your shoulders square.

5) Find your strike line. Pick a target on the lane, near the second arrow from the right side, and aim at it. Keep your eyes on the target until the center of the ball goes past it. Adjust starting position until you enter the strike pocket (between the first and third pins). Move to the right if your ball is to the right of the pocket, move left if it goes left of the pocket.

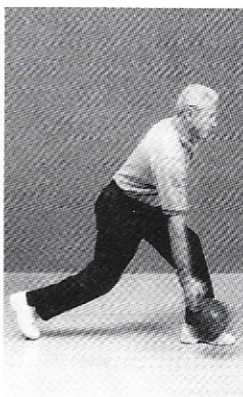
6) Don't forget the spares. Making spares can make all the difference in your game. Generally, shoot your spares from the opposite side of the approach — from the left if the remaining pins are to the right of the headpin, and from the right if the remaining pins are to the left.



STEP



THIRD STEP



FOURTH STEP & RELEASE

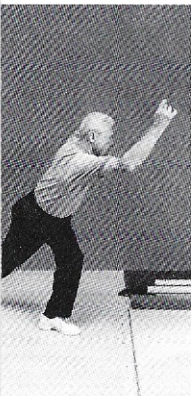


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7) Understand how lane oil affects your game. Oil is used to protect the lane surface. It can also dramatically affect how much your ball hooks. The more oil on the lane, the more your ball will skid and the less it will hook. With less oil, your ball will roll more and, therefore, have more hook potential.

8) Learn how to hook the ball. Making the ball hook greatly increases strike potential. Hook is created by a combination of lift and side turn. *Lift* is created by releasing the thumb from the ball as it approaches your slide foot on the downswing and with your fingers carrying the ball across the foul line. *Side turn* is created by rotating the wrist and hand counterclockwise (clockwise for left-handers) around the side of the ball at the point of release.

9) Bowl your own style. For all the good advice you get, just remember there is no absolute right way to bowl. Learn the fundamentals, but also let what comes naturally help determine your style.



10) Practice, practice, practice.

You'll only improve through practice. When practicing, work on *feel* rather than score. Notice how each shot feels and try to reproduce the good ones as often as possible.

Bonus tip: *Consult your local bowling pro shop. Pro shop operators are the experts and will gladly help you with everything described in this booklet—and much more.*

Here's a great tip:

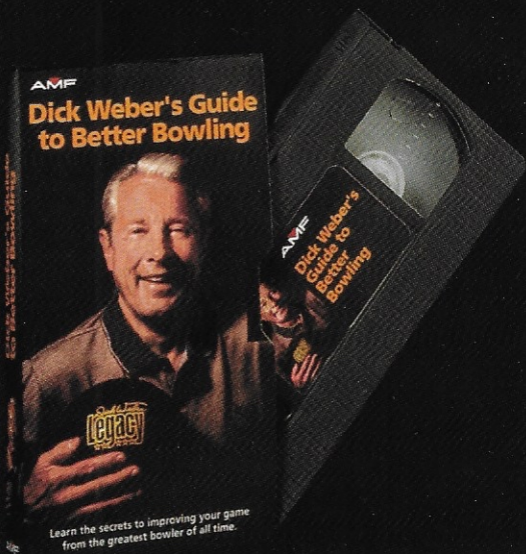
The new Dick Weber Legacy and Legacy Reactive balls can help you bowl better.

Find out how at your pro shop.



Now Available: Dick Weber's Guide to Better Bowling Video

Now that you've read these quick tips, get the complete guide on video. Dick's new video includes all the details you're looking for, plus exciting highlights from his five decades of bowling. Get your copy at your local pro shop.





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